

Hans Surén, *Man and Sunlight* (1925)

Abstract

Hans Surén's (1885-1972) book *Der Mensch und die Sonne* (1925) went through sixty-one printings in just one year and sold 250,000 copies. In 1927, it was translated into English as *Man and Sunlight*. The book combined trite philosophy, clichéd romanticism, and melodramatic prose to present sunlight, nudity, and health as the path to happiness, both individually and collectively as a nation. Surén's cult of the body, with its militaristic hues, had supporters from all across the political spectrum. He was eventually hired to reform the Reichwehr's sports and physical-education programs, and he joined the NSDAP in 1933.

Source



Source: Hans Surén, *Der Mensch und die Sonne*. Stuttgart: Dieck & Co., 1925.

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